

### Personal History Form (Child <18)

Patient Name:		Date: ___/___/___	
Sex: <input type="checkbox"/> F <input type="checkbox"/> M	Date of Birth:		
Grade:	School District / Building:		
Form Completed By (If other than Patient):			
Address:			
City:	State:	ZIP Code	
Phone (Primary):	<input type="checkbox"/> C <input type="checkbox"/> H <input type="checkbox"/> W	Phone (Secondary):	<input type="checkbox"/> C <input type="checkbox"/> H <input type="checkbox"/> W

**If you need additional space for any of the following questions, please use the back of the sheet.**

Primary reason(s) for seeking services:			
<input type="checkbox"/> Anger Management	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Coping	<input type="checkbox"/> Depression
<input type="checkbox"/> Eating Issues	<input type="checkbox"/> Fear/Phobias	<input type="checkbox"/> Compulsive Behaviors	<input type="checkbox"/> Sexual Concerns
<input type="checkbox"/> Sleeping problems	<input type="checkbox"/> Addictive Behaviors	<input type="checkbox"/> Alcohol/Drugs	<input type="checkbox"/> Hyperactivity
<input type="checkbox"/> Social Difficulties	<input type="checkbox"/> Learning Difficulties	<input type="checkbox"/> Trauma	<input type="checkbox"/> Mood Swings
<input type="checkbox"/> Thought Problems	<input type="checkbox"/> Other concerns (specify):		

#### Family History

With whom does the patient live at this time?	<input type="checkbox"/> Both Parents <input type="checkbox"/> Mother Only <input type="checkbox"/> Father Only <input type="checkbox"/> Other (_____)
Are parents divorced or separated?	<input type="checkbox"/> No <input type="checkbox"/> Yes - Divorced <input type="checkbox"/> Yes - Separated
If Yes, with who has legal custody?	<input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Other (_____)
Is there any significant information about the parents' relationship or treatment toward the child that may be of importance in the child's treatment?	<input type="checkbox"/> Yes <input type="checkbox"/> No
If yes, please describe:	

#### Patient's Mother

Name:	Age:
Occupation:	<input type="checkbox"/> Fulltime <input type="checkbox"/> Part-time <input type="checkbox"/> Seasonal
Employer:	
Education:	<input type="checkbox"/> Primary School <input type="checkbox"/> Middle School <input type="checkbox"/> High School Diploma/GED <input type="checkbox"/> Associates Degree <input type="checkbox"/> Bachelor's <input type="checkbox"/> Advanced Degree <input type="checkbox"/> Other
Relationship to the Patient:	<input type="checkbox"/> Birth Parent <input type="checkbox"/> Step-Parent <input type="checkbox"/> Adoptive Parent <input type="checkbox"/> Foster Parent <input type="checkbox"/> Other (_____)
Is there anything notable/unusual or stressful about the child's relationship with the mother?	<input type="checkbox"/> Yes <input type="checkbox"/> No
If yes, please specify:	
How is the child disciplined by the mother?	
For what reasons does the mother discipline the child?	

*Patient's Father*

Name:		Age:	
Occupation:		<input type="checkbox"/> Fulltime <input type="checkbox"/> Part-time <input type="checkbox"/> Seasonal	
Employer:			
Education:		<input type="checkbox"/> Primary School <input type="checkbox"/> Middle School <input type="checkbox"/> High School Diploma/GED <input type="checkbox"/> Associates Degree <input type="checkbox"/> College <input type="checkbox"/> Advanced Degree <input type="checkbox"/> Other	
Relationship to the Patient:		<input type="checkbox"/> Birth Parent <input type="checkbox"/> Step-Parent <input type="checkbox"/> Adoptive Parent <input type="checkbox"/> Foster Parent <input type="checkbox"/> Other ( _____ )	
Is there anything notable/unusual or stressful about the child's relationship with the father?			<input type="checkbox"/> Yes <input type="checkbox"/> No
If yes, please specify:			
How is the child disciplined by the father?			
For what reasons does the father discipline the child?			

*Patient's Siblings*

Name	Age	Sex	Lives	Quality of relationship w/ Patient
		<input type="checkbox"/> F <input type="checkbox"/> M	<input type="checkbox"/> @home <input type="checkbox"/> away	<input type="checkbox"/> poor <input type="checkbox"/> avg. <input type="checkbox"/> good
		<input type="checkbox"/> F <input type="checkbox"/> M	<input type="checkbox"/> @home <input type="checkbox"/> away	<input type="checkbox"/> poor <input type="checkbox"/> avg. <input type="checkbox"/> good
		<input type="checkbox"/> F <input type="checkbox"/> M	<input type="checkbox"/> @home <input type="checkbox"/> away	<input type="checkbox"/> poor <input type="checkbox"/> avg. <input type="checkbox"/> good
		<input type="checkbox"/> F <input type="checkbox"/> M	<input type="checkbox"/> @home <input type="checkbox"/> away	<input type="checkbox"/> poor <input type="checkbox"/> avg. <input type="checkbox"/> good
		<input type="checkbox"/> F <input type="checkbox"/> M	<input type="checkbox"/> @home <input type="checkbox"/> away	<input type="checkbox"/> poor <input type="checkbox"/> avg. <input type="checkbox"/> good

*Others in the Household*

Name	Age	Sex	Relationship (cousin, foster child, grandparent)	Quality of relationship w/ Patient
		<input type="checkbox"/> F <input type="checkbox"/> M		<input type="checkbox"/> poor <input type="checkbox"/> avg. <input type="checkbox"/> good
		<input type="checkbox"/> F <input type="checkbox"/> M		<input type="checkbox"/> poor <input type="checkbox"/> avg. <input type="checkbox"/> good
		<input type="checkbox"/> F <input type="checkbox"/> M		<input type="checkbox"/> poor <input type="checkbox"/> avg. <input type="checkbox"/> good
		<input type="checkbox"/> F <input type="checkbox"/> M		<input type="checkbox"/> poor <input type="checkbox"/> avg. <input type="checkbox"/> good
		<input type="checkbox"/> F <input type="checkbox"/> M		<input type="checkbox"/> poor <input type="checkbox"/> avg. <input type="checkbox"/> good

Comments: \_\_\_\_\_

**Family Health History**

Please indicate if any of the following diseases have occurred among the child's blood relatives (parents, siblings, aunts, uncles, grandparents, etc.). Check all that apply:

<input type="checkbox"/> Allergies	<input type="checkbox"/> Cleft Lip	<input type="checkbox"/> Mental Illness	<input type="checkbox"/> Spinal Bifida
<input type="checkbox"/> Anemia	<input type="checkbox"/> Deafness	<input type="checkbox"/> Migraines	<input type="checkbox"/> Suicide
<input type="checkbox"/> Asthma	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Multiple Sclerosis	<input type="checkbox"/> _____
<input type="checkbox"/> Bleeding Tendency	<input type="checkbox"/> Thyroid Disease	<input type="checkbox"/> Muscular Dystrophy	<input type="checkbox"/> _____
<input type="checkbox"/> Early Sudden Cardiac Death	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Nervousness	<input type="checkbox"/> _____
<input type="checkbox"/> Cancer	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Learning Difficulties	<input type="checkbox"/> _____
<input type="checkbox"/> Cerebral Palsy	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Seizures	

**Childhood/Adolescent History**
**Pregnancy/Birth**

Has the child's mother had any occurrences of miscarriages or stillborns?  Yes  No

If yes, please describe: \_\_\_\_\_

Was the pregnancy planned?  Yes  No Length of pregnancy: \_\_\_\_\_

Did mother receive prenatal care?  Yes  No

Mother's age at birth of child: \_\_\_\_\_ Father's age at birth of child: \_\_\_\_\_

Birth Order: Child is \_\_\_\_ of \_\_\_\_ children in the family.

How many pounds did the mother gain during the pregnancy? \_\_\_\_\_

Did the mother smoke during pregnancy?  Yes  No If yes, what amount: \_\_\_\_\_

Did the mother use drugs or alcohol during pregnancy?  Yes  No

If yes, type/amount: \_\_\_\_\_

While pregnant, did the mother experience any medical or emotional difficulties (i.e. surgeries, hypertension, medications, significant levels of emotional stress)  Yes  No

If yes, please describe: \_\_\_\_\_

Length of Labor: \_\_\_\_\_ Induced:  Yes  No Caesarean:  Yes  No

Baby's birth weight: \_\_\_\_\_ Baby's birth length: \_\_\_\_\_

Did the baby require time in a Special Care Nursery?  Yes  No

**Infancy/Toddlerhood** (Check all that apply)

<input type="checkbox"/> Breast fed	<input type="checkbox"/> Milk allergies	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Diarrhea
<input type="checkbox"/> Bottle fed	<input type="checkbox"/> Rashes	<input type="checkbox"/> Colic	<input type="checkbox"/> Constipation
<input type="checkbox"/> Not cuddly	<input type="checkbox"/> Cried often	<input type="checkbox"/> Rarely cried	<input type="checkbox"/> Overactive
<input type="checkbox"/> Resisted solid food	<input type="checkbox"/> Trouble sleeping	<input type="checkbox"/> Irritable when awakened	<input type="checkbox"/> Lethargic

**Development History** (Please note the age at which the following behaviors took place)

Sat Alone:	Took 1 <sup>st</sup> Steps:	Spoke Words:	Dressed Self:	Spoke Sentences:
Weaned:	Toilet Trained:	Dry During Day:	Dry during Night:	Fed Self:
Tied Shoes:	Rode two-wheeled bike:			

Compared with others in the family, child's development was:  Slow  Average  Fast

Please indicate the age for the following developments (if applicable):

Began puberty:	Menstruation:
Voice Change:	Injuries or hospitalization:
Breast Development:	

Issues that affected child development (i.e. physical/sexual abuse, nutrition, neglect, etc.): \_\_\_\_\_

During the child's first 5 years of life, were there any significant stressors within the family?  Yes  No

If yes, please describe: \_\_\_\_\_

**Education**

Current School:		School Phone:		
Type of School: <input type="checkbox"/> Public <input type="checkbox"/> Private <input type="checkbox"/> Charter <input type="checkbox"/> Cyber <input type="checkbox"/> Other ( _____ )				
Grade:	Teacher:		School Counselor:	
Special education: <input type="checkbox"/> Yes <input type="checkbox"/> No	If Yes, describe:			
Gifted Program: <input type="checkbox"/> Yes <input type="checkbox"/> No	If Yes, describe:			
Has child ever been held back? <input type="checkbox"/> Yes <input type="checkbox"/> No				
If yes, describe:				
What subjects does the child enjoy in school?				
What subjects does the child dislike in school?				
What grades does the child usually receive?				
Have there been any recent changes in the child's grades? <input type="checkbox"/> Yes <input type="checkbox"/> No				
If Yes, describe:				
Has child ever been tested psychologically <input type="checkbox"/> Yes <input type="checkbox"/> No				
If Yes, please describe:				
<i>Check the descriptions that specifically relate to your child:</i>				
<b>Feelings about School Work</b>				
<input type="checkbox"/> Anxious	<input type="checkbox"/> Passive	<input type="checkbox"/> Enthusiastic		
<input type="checkbox"/> Fearful	<input type="checkbox"/> Eager	<input type="checkbox"/> No expression		
<input type="checkbox"/> Bored	<input type="checkbox"/> Rebellious	<input type="checkbox"/> Other:		
<b>Approach to School Work</b>				
<input type="checkbox"/> Organized	<input type="checkbox"/> Industrious	<input type="checkbox"/> Responsible		
<input type="checkbox"/> Interested	<input type="checkbox"/> Self-directed	<input type="checkbox"/> No initiative		
<input type="checkbox"/> Refuses	<input type="checkbox"/> Does only what is expected	<input type="checkbox"/> Sloppy		
<input type="checkbox"/> Disorganized	<input type="checkbox"/> Cooperative	<input type="checkbox"/> Doesn't complete assignments		
<input type="checkbox"/> Other:				
<b>Performance in School (Parent's Opinion)</b>				
<input type="checkbox"/> Satisfactory	<input type="checkbox"/> Underachieving	<input type="checkbox"/> Overachieving		
<input type="checkbox"/> Other:				
<b>Child's Peer Relationships</b>				
<input type="checkbox"/> Difficulty making friends	<input type="checkbox"/> Makes friends easily	<input type="checkbox"/> Follower		
<input type="checkbox"/> Leader	<input type="checkbox"/> Long-time Friends	<input type="checkbox"/> Spontaneous		
<input type="checkbox"/> Shares easily	<input type="checkbox"/> Other (describe):			
<b>Who is responsible for your child in the following areas:</b>				
<b>School</b>	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Shared	Other:
<b>Health</b>	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Shared	Other:
<b>Problem Behavior</b>	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Shared	Other:

**Employment (Child/Patient)**

If your child works a job or is involved in a vocational program, please complete the following:

What is your child's attitude toward work?	<input type="checkbox"/> Poor	<input type="checkbox"/> Average	<input type="checkbox"/> Good	<input type="checkbox"/> Excellent
Current Employer:				
Position:	Hours Worked per Week:			
Have your child's grades been affected since working:	<input type="checkbox"/> Lower	<input type="checkbox"/> Same	<input type="checkbox"/> Higher	
How many previous jobs has your child had?				
Usual length of employment:	Usual reason for leaving:			

**Leisure/Recreation**

Describe special areas of interest or hobbies (art, crafts, sports, outdoor activities, church activities, etc.)

Activity	Presently, how often does the child engage in the activity?	In the past, how often did the child engage in the activity?

What are the family's favorite activities? \_\_\_\_\_

\_\_\_\_\_

What does your child/adolescent do with unstructured time? \_\_\_\_\_

\_\_\_\_\_

Has your child/adolescent experienced death (friend, family member, pet, other)?  Yes  No

If yes, at what age? \_\_\_\_\_

If yes, please describe your child's/adolescent's reaction: \_\_\_\_\_

\_\_\_\_\_

Have there been any other significant changes **or potentially traumatic** events in your child's life (family, moving, fire, etc.)?

Yes  No If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

**Medical and Physical Health**

Please indicate if your child has had or does currently have any of the following:

<input type="checkbox"/> Abortion	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Rheumatic Fever
<input type="checkbox"/> Asthma	<input type="checkbox"/> HIV / AIDS	<input type="checkbox"/> Seizures
<input type="checkbox"/> Blackouts/Lightheadedness	<input type="checkbox"/> Lead Poisoning	<input type="checkbox"/> Severe Infections
<input type="checkbox"/> Cerebral Palsy	<input type="checkbox"/> Lyme Disease	<input type="checkbox"/> Severe Head Injury
<input type="checkbox"/> Concussions	<input type="checkbox"/> Meningitis	<input type="checkbox"/> Sexually Transmitted Infection
<input type="checkbox"/> Congenital Problems	<input type="checkbox"/> Miscarriage	<input type="checkbox"/> Staring Spells
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Multiple Sclerosis	<input type="checkbox"/> Thyroid Disorder
<input type="checkbox"/> Diphtheria	<input type="checkbox"/> Muscular Dystrophy	<input type="checkbox"/> Vision Problems
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Nose Bleeds	<input type="checkbox"/> Wears glasses/contacts
<input type="checkbox"/> Ear Infections	<input type="checkbox"/> Other Skin Rashes	<input type="checkbox"/> Other:
<input type="checkbox"/> Eczema	<input type="checkbox"/> Paralysis	<input type="checkbox"/> Other:
<input type="checkbox"/> Encephalitis	<input type="checkbox"/> Pregnancy	<input type="checkbox"/> Other:
<input type="checkbox"/> Heart Problems		
List any current health concerns:		
List any recent health or physical changes:		

**Nutrition**

Meal	How Often (Times per week)	Types of Foods Eaten	Avg. Amount of Food Consumed
<b>Breakfast</b>	___/Week		<input type="checkbox"/> None <input type="checkbox"/> Low <input type="checkbox"/> Med <input type="checkbox"/> High
<b>Lunch</b>	___/Week		<input type="checkbox"/> None <input type="checkbox"/> Low <input type="checkbox"/> Med <input type="checkbox"/> High
<b>Dinner</b>	___/Week		<input type="checkbox"/> None <input type="checkbox"/> Low <input type="checkbox"/> Med <input type="checkbox"/> High
<b>Snacks</b>	___/Week		<input type="checkbox"/> None <input type="checkbox"/> Low <input type="checkbox"/> Med <input type="checkbox"/> High
<b>Comments:</b>			

**Most Recent Examinations**

Type of exam	Date of Most Recent Visit	Results/Findings
Physical Exam (Medical)		
Dental Exam		
Vision Exam		
Hearing Exam		
Other:		

**Current Prescribed Medications**

Medication	Dose	Purpose	Side Effects

**Current Over-the-Counter Medications**

Medication	Dose	Purpose	Side Effects

**Immunizations**

Has your child received all recommendation immunizations?  Yes  No

If no, why has your child not been immunized? \_\_\_\_\_

**Chemical Use History**

Does your child/adolescent use or have a problem with alcohol or drugs?  Yes  No

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

### Counseling / Behavioral Health Treatment History

Please answer the below questions about your child's past and present experience with counseling, behavioral health and psychiatric care.

Type of treatment/service	Yes / No	When	Where	Reaction or Overall Experience
Counseling / Psychiatric Treatment	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Suicidal Thoughts / Attempts	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Drug/Alcohol Treatment	<input type="checkbox"/> Yes <input type="checkbox"/> No			
Hospitalization	<input type="checkbox"/> Yes <input type="checkbox"/> No			

### Behavioral / Emotional History

Please check any of the following that describe your child:

<input type="checkbox"/> Affectionate	<input type="checkbox"/> Frustrated easily	<input type="checkbox"/> Sad
<input type="checkbox"/> Aggressive	<input type="checkbox"/> Gambling	<input type="checkbox"/> Selfish
<input type="checkbox"/> Alcohol problems	<input type="checkbox"/> Generous	<input type="checkbox"/> Separation anxiety
<input type="checkbox"/> Angry	<input type="checkbox"/> Hallucinations	<input type="checkbox"/> Sets fires
<input type="checkbox"/> Anxious	<input type="checkbox"/> Head banging	<input type="checkbox"/> Sexual addiction
<input type="checkbox"/> Avoids adults	<input type="checkbox"/> Heart problems	<input type="checkbox"/> Sexual acting out
<input type="checkbox"/> Bedwetting	<input type="checkbox"/> Hopelessness	<input type="checkbox"/> Shares
<input type="checkbox"/> Blinking, jerking	<input type="checkbox"/> Hurts animals	<input type="checkbox"/> Sick often
<input type="checkbox"/> Bizarre behavior	<input type="checkbox"/> Imaginary friends	<input type="checkbox"/> Short attention span
<input type="checkbox"/> Bullies, threatens	<input type="checkbox"/> Impulsive	<input type="checkbox"/> Shy, timid
<input type="checkbox"/> Careless, reckless	<input type="checkbox"/> Irritable	<input type="checkbox"/> Sleeping problems
<input type="checkbox"/> Chest pains	<input type="checkbox"/> Lazy	<input type="checkbox"/> Socially Awkward
<input type="checkbox"/> Clumsy	<input type="checkbox"/> Learning problems	<input type="checkbox"/> Soiling
<input type="checkbox"/> Confident	<input type="checkbox"/> Lies frequently	<input type="checkbox"/> Speech problems
<input type="checkbox"/> Cooperative	<input type="checkbox"/> Listens to reason	<input type="checkbox"/> Steals
<input type="checkbox"/> Cyber addiction	<input type="checkbox"/> Loner	<input type="checkbox"/> Stomach aches
<input type="checkbox"/> Defiant	<input type="checkbox"/> Low self-esteem	<input type="checkbox"/> Suicidal threats
<input type="checkbox"/> Depression	<input type="checkbox"/> Moody	<input type="checkbox"/> Suicidal attempts
<input type="checkbox"/> Destructive	<input type="checkbox"/> Negative Thinking	<input type="checkbox"/> Talks back
<input type="checkbox"/> Difficulty speaking	<input type="checkbox"/> Nightmares	<input type="checkbox"/> Teeth grinding
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Obedient	<input type="checkbox"/> Thumb sucking
<input type="checkbox"/> Drug dependence	<input type="checkbox"/> Oppositional	<input type="checkbox"/> Tics or twitching
<input type="checkbox"/> Eating disorder	<input type="checkbox"/> Over active	<input type="checkbox"/> Unsafe behaviors
<input type="checkbox"/> Enthusiastic	<input type="checkbox"/> Over weight	<input type="checkbox"/> Unusual thinking
<input type="checkbox"/> Excessive masturbation	<input type="checkbox"/> Panic attacks	<input type="checkbox"/> Weight loss
<input type="checkbox"/> Expect failure	<input type="checkbox"/> Phobias	<input type="checkbox"/> Withdrawn
<input type="checkbox"/> Fatigue	<input type="checkbox"/> Poor appetite	<input type="checkbox"/> Other:
<input type="checkbox"/> Fearful	<input type="checkbox"/> Quarrels	<input type="checkbox"/> Other:
<input type="checkbox"/> Frequent injuries	<input type="checkbox"/> Repetitive Behaviors	<input type="checkbox"/> Other:



Please describe any of the above (or other concerns): \_\_\_\_\_

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How have problems/concerns generally been addressed? \_\_\_\_\_

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Any additional information that would assist in understanding your child/adolescent?

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Any additional information that would assist in understanding the current concerns/problems?

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What are your goals for the child's treatment? \_\_\_\_\_

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**Do you believe that your child is suicidal at this time?**  Yes  No

If yes, please explain: \_\_\_\_\_

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Completed By: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to Child: \_\_\_\_\_

\*\*\*\*\*For Staff Use\*\*\*\*\*

Therapist/Psychiatrist/Nurse Practitioner Comments:

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Staff Signature and Credentials: \_\_\_\_\_ Date: \_\_\_\_\_