

IMAGINING BETTER HEALTH

*Creating a Healthier
Lancaster Community*





FOUNDED

by the Sisters of St. Francis of Philadelphia as St. Joseph Hospital in the 1880s, the Sisters' original health ministry transformed healthcare in Lancaster and provided the community with its first hospital. The hospital became a beacon for compassionate, patient-centered care. The innovative spirit of our foundresses continues to inform the mission, the vision and the programs of CHI St. Joseph Children's Health as we work to improve the health of children and families in the Lancaster, Pennsylvania Community.

Today, as a location of CommonSpirit Health, the health ministry of CHI St. Joseph Children's Health focuses on providing and envisioning programs and services that create the structures and the opportunities necessary for children and families to live healthy and full lives. Our transformative approach to care focuses on preventing illness and creating a culture and environment where each of us can achieve our optimal level of health and well-being.

Working in partnership with children and families throughout the Lancaster, Pennsylvania community, CHI St. Joseph Children's Health is committed to creating a healthier Lancaster.





5 GUIDING PRINCIPLES

are the foundation for the work of CHI St. Joseph Children's Health in the Lancaster Community. Our work, our programs, our services and our partnerships strive to embody and fully embrace the organization's guiding principles.

CHI St. Joseph Children's Health believes that:

- The assurance of human rights and human dignity are the key to improving the health and wellbeing of children and families in our community.
- Health and wellbeing assure opportunity.
- Opportunity should not be limited by means nor geography.
- All children deserve every opportunity to be successful.
- Health and preventive care, access to fresh and nutritious foods, quality early childhood experience and education, and safe neighborhoods inclusive of affordable housing are essential elements of a healthy community; CHI St. Joseph Children's Health believes these to be human rights which are owed to all children, families and individuals.

HEALTHY COLUMBIA



The ideal of creating healthy communities forms the foundation of our ministry at CHI St. Joseph Children's Health. Healthy Columbia is the first formal initiative of CHI St. Joseph Children's Health dedicated to improving and transforming the health outcomes and outlook not of a single patient or a family but rather of a local community – Columbia Borough.

Through partnerships and investments of both time and resources, Healthy Columbia works to eliminate the barriers and challenges that impede residents' ability to achieve their desired level of health and well-being and their ability to thrive. The project offers services, provides programs, increases the capacity of local organizations and supports the creation and maintenance of sustainable structural changes in the community that will improve the health and wellbeing of all residents.

Unique to CHI St. Joseph Children's Health, Healthy Columbia operates from an abundance perspective – a foundational belief that through working together sufficient resources exist to assure every resident, regardless of income, is healthy, fed, housed and educated.

With guidance from a committee composed of local leaders, residents and business owners, Healthy Columbia works to strengthen four community pillars upon which we believe a healthy community can be built and thrive:

- » Safe Homes and Neighborhoods
- » Health Services and Wellness Programming
- » Early Childhood Experience and Education
- » Fresh Food Access and Nutrition



BEHAVIORAL HEALTH SERVICES

The bedrock of behavioral health services at CHI St. Joseph Children's Health is the recognition that children do not exist in isolation. Children live in a complex webs of homes and schools, places where they worship and spaces in which they play. To effectively help children we must work to understand them and the environment and relationships around them. Out of this recognition, we created our version of family-focused behavioral health.

Behavioral health care at CHI St. Joseph Children's Health is provided through highly coordinated and personalized services. Led by a psychiatric provider, patients and their families collaborate with a dedicated Care Team who support patients along their individual health journeys. In our care system, the patient and family are ultimately in control. At CHI St. Joseph Children's Health each patient and family has access to a psychiatric provider, a therapist, a family wellness coach and a case manager. Working together, you choose what services you'd like to access; you choose what we'll be working on together.

Together, you and your Behavioral Health Care Team are dedicated to a common objective – your child and your family's health and wellbeing.





EDUCATION

CHI St. Joseph Children's Health believes that education is the first and potentially the most powerful tool in the toolbox available to organizations and individuals dedicated to improving the health of children and families. As health educators we take our role seriously and strive to find engaging and entertaining ways for children and their caregivers to have an opportunity to explore and understand healthy habits. Healthy habits are the key to every child having the opportunity to grow up happy and healthy.

Our health education programs demonstrate what is possible for both children and families. The lessons and activities offered challenge our preconceived notions of what children (and their families) can accomplish in regard to taking ownership of their own health futures. Responding to the changing needs and emerging health challenges facing children in our community, our current health education offerings include unique, evidence-based programs that are aligned with education standards. Each program offers a variety of experiences and presentations to aid children and families along their journeys to develop life-long healthy habits.



ST. JOHN NEUMANN SCHOOL FOR CHILDREN AND FAMILIES

What would it mean to re-imagine childcare? CHI St. Joseph Children's Health envisions a new approach to childcare that provides every child and family with an environment, programs and services that affirm the dignity and value of children, parents and caregivers each day.

The St. John Neumann School for Children and Families emerged from this very concept.

Located in Columbia Borough, the St. John Neumann School for Children and Families is committed not just to providing your child with a safe place during your workday but also to offering every family a nurturing environment filled with teachers and coaches who are truly concerned about your child and family's health, wellbeing, development and success.

Caring for children from six weeks until kindergarten enrollment, the St. John Neumann School provides a developmentally appropriate health-focused curriculum designed to stimulate your child's creativity and encourage the development of both healthy habits and healthy relationships.



ST. JOHN NEUMANN
SCHOOL
for Children & Families



LOCATIONS



CHI St. Joseph Children's Health

CHI ST. JOSEPH CHILDREN'S HEALTH

1929 Lincoln Hwy E, Ste. 150
Lancaster, PA 17602

CHI ST. JOSEPH CHILDREN'S HEALTH – BEHAVIORAL HEALTH CENTER

1929 Lincoln Hwy E, Ste. 100
Lancaster, PA 17602

CHI ST. JOSEPH CHILDREN'S HEALTH – HEALTHY COLUMBIA

401 Locust St
Columbia, PA 17512

ST. JOHN NEUMANN SCHOOL FOR CHILDREN AND FAMILIES

401 Locust St
Columbia, PA 17512