



CHI St. Joseph Children's Health

BOLD MOVES

FOR A HEALTHIER LANCASTER



Imagine Better Health



Together We're Creating a Healthier Lancaster Community

www.ChiStJosephChildrensHealth.org/donate





BOLD MOVES

FOR A HEALTHIER LANCASTER

There are not many organizations that would willingly engage in a strategic conversation about transitioning away from its signature service line. Yet, that is exactly where FY2018-2019 led CHI St Joseph Children's Health as we worked to fulfill our calling to improve the health of children and families in the Lancaster Community.

The Conclusion of our Dental Journey

Since 2004/2005, the ministry had at its core a dental program committed to assuring access and improving the health of children in our community. While our program continued to receive referrals and offer quality dental care to children in the community, the dental landscape had changed and both opportunity and need were calling us in a new direction. At the start of our dental journey, CHI St Joseph Children's Health was virtually the only children's dental provider willing to work with uninsured, Medicaid and CHIP enrolled children. Today, while challenges remain, access to dental care for children in our community has greatly improved. In the tradition of the Sisters of St Francis of Philadelphia who founded us, we found we were being called to tackle the next challenge which required us transitioning our dental program to a willing, able and talented partner.

In March 2019, we formally announced our partnership with Family First Health. With our assistance they will be opening a twelve chair dental clinic in Columbia dedicated to meeting the needs of Children and Families.

The Path to a Healthier Community

Responding to community need and trends led us to focus our programs in three areas of great need – children's behavioral health, health education and early childhood experience and healthy communities. Directing our resources to growing, expanding and enhancing these specific service lines creates a significant opportunity to transform the health and wellbeing of the Lancaster Community. Each programmatic area offers innovative, unique approaches that are positively impacting the lives of children and families each day and with greater investment can shift the landscape creating greater opportunity for every child and family to thrive.

Thank you for your support throughout the year. Your dedication to improving the health of children and families in our communities inspires us.

Phil Goropoulos
President



EDUCATION

EMBRACE HEALTHY HABITS

Inspiring children and their families to embrace healthy habits and seek out healthy choices, the education programs of CHI St. Joseph Children’s Health continued to grow throughout FY2019.

Programming explored oral health with kids in school districts across the Lancaster Community, helped preschool children understand germs and how to protect themselves from illness, inspired active lifestyles through health hero training camp and recognized feelings in an exploration of emotions and our responses. All of our programs and educational activities sought to engage and inspire children (and their families) to take control of their health using the knowledge and skills explored to make healthy choices.

- Hundreds of children from school districts across Lancaster County and throughout the County Library System participated in our annual Brush-Twice-A-Day Challenge and collected prizes for forming healthy teeth brushing habits.

- Once exclusively an oral health education program, the education services of CHI St. Joseph Children’s Health have diversified the department’s offerings recognizing and responding to the emerging health challenges facing children and their families. During FY2019, the department provided 295 oral health-focused programs, 285 behavioral health-focused programs and 198 wellness programs.
- Partnering with Lampeter-Strasburg and Penn Manor School Districts, the Education Department introduced a new 10-session mindfulness series for children in grades 2 and 3. The series works with children both to help them identify their feelings/emotions and develop individual strategies and practices to help regulate how they respond. An expansion of the Mindfulness Program being implemented during the 2019-2020 school year is being funded in part by the Lancaster Osteopathic Health Foundation.

Throughout FY2019, the Education Department provided programming to over 22,340 children and 2,360 adults in the Lancaster Community.



BEHAVIORAL HEALTH

In just the second year of behavioral health services, children and families have experienced and reported wonderful successes and great progress working with the psychiatric clinicians, therapists, family wellness coaches and case managers at CHI St. Joseph Children's Health. Many are enjoying new found relationships with their children, others are indicating that this is the first they have felt they have had a meaningful relationship with their sons and daughters. Still in its infancy, the program and the model of care delivery is showing wonderful promise and presents a wonderful opportunity for children and families in the Lancaster Community.

During FY2019, children in our care have reported increased coping skills, reduced use and need of psychiatric medications in addition to other positive and promising behavioral health outcomes.

The potential of our family-focused care model has inspired further investment into the expansion of behavioral health services at CHI St. Joseph Children's Health in FY2020 as we expand both the number of therapists, coaches and case managers available to assist families in the community and also the diversity of services available to each family partnering with us.

Total Patients Seen: 914

Total Psychiatric Visits: 4,598

Total Therapy Visits: 1,668



FAMILY-FOCUSED CARE



HEALTHY COLUMBIA

Dedicated to improving the health outcomes of the Borough of Columbia, The Healthy Columbia Project continued to expand programmatic and partnership offerings throughout FY2019. Each service and program address four pillars, CHI St. Joseph Children's Health feels are essential to improving, strengthening and sustaining a healthy and thriving community: Safe Homes and Neighborhoods, Healthcare Access, Early Childhood Experience and Education and Access to Fresh Foods and Vegetables.

Key Accomplishments during FY2019:

- In partnership with a specialty bicycle manufacturer in Philadelphia, Healthy Columbia secured a "Snack Cart" tricycle that will begin offering fresh and healthy snacks to children and their families after school. The program called Snacks@theCurb will make regular visits to both Park Elementary and Taylor Middle School throughout the school year starting in the fall of 2019. Snacks are free and are offered to anyone who wishes to enjoy these healthy options.

- The Borough of Columbia and CHI St. Joseph Children's Health entered into an agreement to revitalize and operate the historic Market House in downtown Columbia returning a fresh food farmer's market to the Borough. As FY2019 came to a close, the architectural drawings for the renovation were completed and plans were underway to begin construction so that the market can open in 2020.
- The community gathering events incorporated into the project's safe homes and neighborhoods initiative dramatically increased in size during the project's second year. Both the Christmas Pancake Breakfast and the spring Community Barbecue more than doubled in participants with neighbors and families coming together to share a wonderful meal and fantastic fellowship as they got to know each other and the Healthy Columbia team. Over 300 people attended the Community Barbecue and in excess of 250 participated in the Pancake Breakfast with Santa.



ST. JOHN NEUMANN

SCHOOL FOR CHILDREN & FAMILIES

The St. John Neumann School for Children and Families moved closer to reality in FY2019. Having purchased the building at 401 Locust Street in Columbia Borough at the close of FY2018, CHI St. Joseph Children's Health embarked on a land development and architectural design journey for much of the year.

After multiple hearings and presentations, all of the required land development and planning documents were submitted to the Borough and approved leading the way for the building permit to be issued and construction to begin.

A formal ground breaking for the childcare center was held on May 22, 2019 and featured comments from representatives from both US Senator Casey and US Senator Toomey's offices, State Senator Ryan Aument, County Commissioner Craig Lehman and Columbia Borough Mayor Leo Lutz.

FY2020 will be an exciting year as we see the building emerge on the corner of 4th and Locust Streets and prepare to welcome 112 children ages 6 weeks to kindergarten enrollment and their families at the school in June 2020.



ST. JOHN NEUMANN
SCHOOL
for Children & Families





DENTAL SERVICES

After 14 years as the signature clinical program of CHI St. Joseph Children’s Health, the decision was made to transition away from our dental ministry. Working closely with the children and families accessing our dental program to assure the continuation of care for our patients, the dental centers of CHI St. Joseph Children’s Health closed on March 1, 2019.

While dental remains a significant need for children and families in the Lancaster Community, the time had arrived for CHI St. Joseph Children’s Health to shift directions. With that strategic decision realized, a partnership was established with Family First Health. Committed to continuing the dental legacy of CHI St. Joseph Children’s Health, Family First Health agreed to accept the donation of all the dental equipment from both the Lancaster and Columbia Dental Centers in order to open a twelve operatory dental clinic in Columbia, Pennsylvania dedicated to meeting the needs of children and families. In addition to the equipment donation, CHI St. Joseph Children’s Health has provided a financial contribution to Family First Health to help with the start-up costs and renovation of their new facility.

While Family First Health is able to meet some of the dental needs of the community, CHI St. Joseph Children’s

Health took steps to assure that uninsured families accessing our dental services would continue to receive high quality dental care while Family First worked to open their new clinic. The board of directors established a Dental Patient Assistance Fund to help uninsured families who had previously utilized our St. Joseph Access Plan to receive discounts of up to 100% off dental care at our program. The Assistance Fund – available through the end of FY2019 and throughout FY2020 - offsets the cost of care for the child to continue to access dental care at a provider of their choice.

Total Patients Seen: 1,174

Total Dental Procedures Completed: 12,298

Total Financial Assistance Provided through the Dental Patient Assistance Program: \$20,239.70

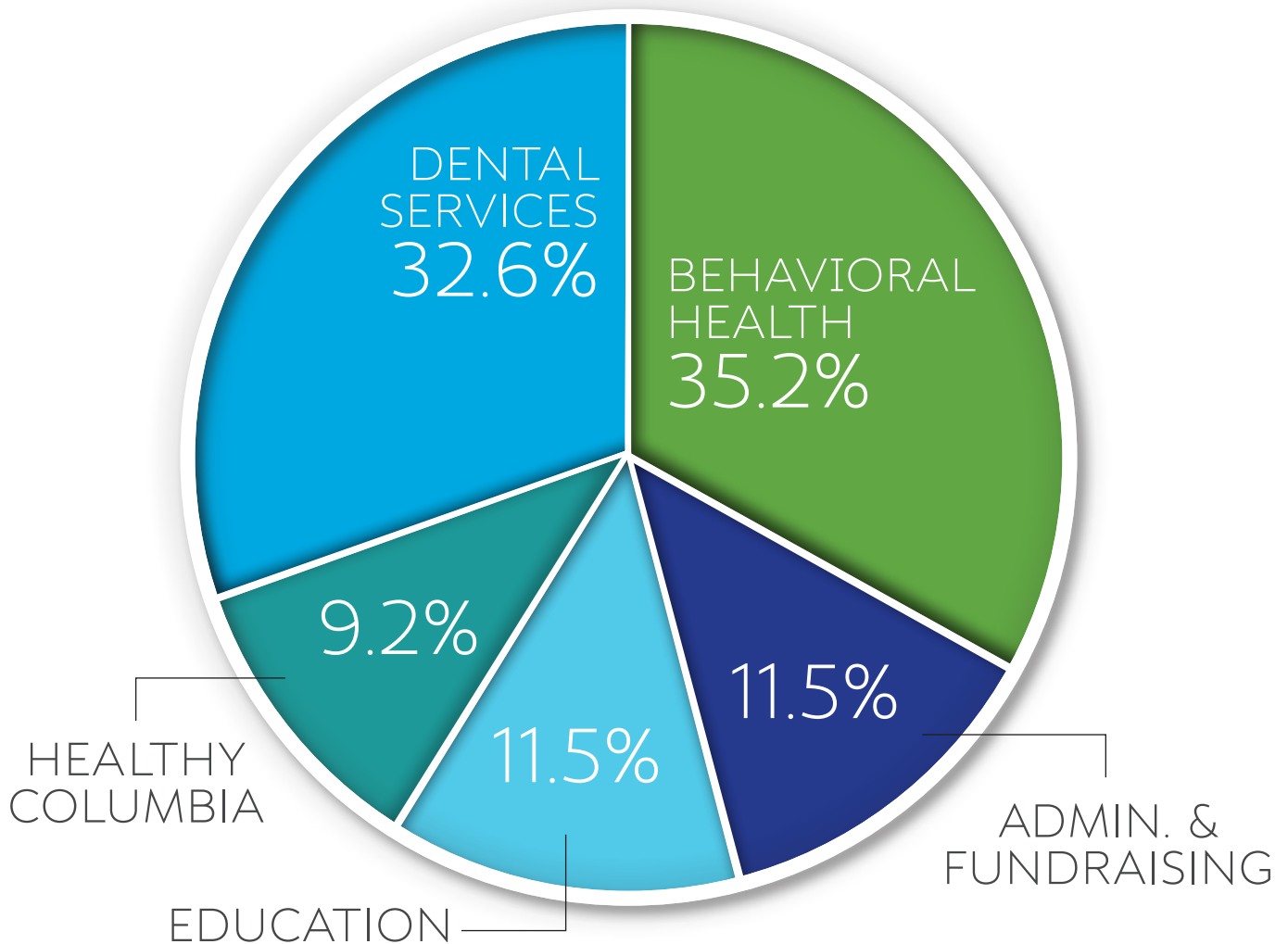


FINANCIAL REPORT

CHI St. Joseph Children's Health is committed to being a good steward of the resources with which we have been entrusted. Each of the past five years we have successfully expanded both the scope and the depth of programming we have provided to children and families throughout the Lancaster Community. We strive to provide programs and services of the highest quality while maintaining our administrative and fundraising costs at a minimum.

Our growth, and our continued ability to respond to the changing and evolving needs of children and families, is fueled by the generosity of the Lancaster Community which enables us to do more than we could ever accomplish alone. Thank you for your trust and support.

Total Expenses: \$4,966,952





BOARD OF DIRECTORS & STAFF

THE BOARD OF DIRECTORS

Barbara A. Burnett
Katherine A. Coleman
Erin K. Dragann
Philip K. Goropoulos
Lorraine Gutierrez
Christina M. Hartman
Daniel J. Keefer
Mary Kennedy, OSF – *Vice Chair*

Thomas Kopfensteiner, STD – *Chief Mission Officer,*
CommonSpirit Health
Claudia M. Madrigal
Joseph J. Mayberry, DO
Michelle A. Reaser
Thomas L. Regan, DDS – *Chair*
Elaine G. Ugolnik – *Secretary*

THE STAFF OF CHI ST. JOSEPH CHILDREN'S HEALTH

Behavioral Health

Psychiatry and Therapy Services

Thomas Foley, MD
Mary Jo Hanley, CRNP
Lindsey Baker, LPC
Kelly Brubaker, LMFT
Shannon Diller, LPC
Alison Ferrara, LPC
Kim Myer, LCSW
David Youll, LPC
Kim Nettleton – *Program Manager*

Family Wellness Coaching

Rebecca Edwards
Madelyn Harris
Carol Johnston
Nkemka Kauffman
Jill Black – *Program Manager*

Case Management

Kathleen Bierbower
Jessica Jacquet
Rosa Villaman
Leah Yarnell
Aimee Clement – *Program Director*

Education

Hannah Cargill
Elizabeth Krajan Pardo
Matt Martsof
Heather Ha – *St. John Neumann School Manager*
Katherine Huhn – *Program Manager*

Healthy Columbia

Michelle Keim
Kelsey Miller – *Program Manager*

Operations

Melanie Alexander
Ciara Lopez
Gerardo Diaz – *Facilities Manager*
Sharon Garrett – *Finance Manager*

Leadership

Beth Grossmann – *VP of Operations*
Lori McCracken – *VP of Education*
Philip Goropoulos – *President*

HIGHLIGHTS

2019-2020



Top Right: An Evening with Michael Steele Event at The Ware Center; *Top Left:* Groundbreaking event of the new St. John Neumann School; *Lower Right:* Mobile Market at Taylor Middle School in partnership with Columbia Borough School District and Heritage Creek Farm Camp; *Below:* Our staff with Former Secretary of Housing and Urban Development, Julian Castro.





LOCATIONS

CHI ST. JOSEPH CHILDREN'S HEALTH

1929 Lincoln Hwy E, Ste. 150
Lancaster, PA 17602
717.397.7625

CHI ST. JOSEPH CHILDREN'S HEALTH – BEHAVIORAL HEALTH CENTER

1929 Lincoln Hwy E, Ste. 100
Lancaster, PA 17602
717.947.6535

CHI ST. JOSEPH CHILDREN'S HEALTH – HEALTHY COLUMBIA

401 Locust St
Columbia, PA 17512
717.684.0221

ST. JOHN NEUMANN SCHOOL FOR CHILDREN AND FAMILIES

401 Locust St
Columbia, PA 17512
717.684.0228