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Hank  
the  
Health  
Hero



## Every child deserves the opportunity

to grow up healthy and happy. That simple idea drives the work and programs of CHI St. Joseph Children's Health.

During fiscal year 2015, we reflected upon the legacy of our Foundresses – the Sisters of St. Francis of Philadelphia, our place as a part of Catholic Health Initiatives, our heritage of service in the Lancaster Community and our passion for improving the health of children and families to form a new vision of CHI St. Joseph Children's Health and our role in the local community.

Our role has and continues to evolve, recognizing our ability to work collectively with community partners, and learning how we may best use our own unique skills, tools and resources to help every child unlock the potential to be their own personal health hero.

Many challenges await: some known, many unknown. Together we can assure that each and every child in the Lancaster community has the opportunity to create their own destiny, knowing that when needed, they may call upon the support of the Hall of Children's Health and the health heroes of CHI St. Joseph Children's Health!

Philip K. Goropoulos, President

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### Education Department

Katherine Huhn, *Education Coordinator*





## Children's Oral Health

CHI St. Joseph Children's Health launched *Brush.Brush.Smile!*® in 2004, but our journey was just beginning. Riding the mobile dental clinic into town, the first of our Lancaster County health heroes emerged.

In fiscal year 2015, **2,114 dental visits** were provided to **1,143 children** through the *Brush.Brush.Smile!*® Mobile Dental Program of CHI St. Joseph Children's Health. Cleanings, Screenings, X-Rays and, if needed, fillings and more. The care provided to children in our community had a **value of over \$1,591,511!**

The *Brush.Brush.Smile!*® Mobile Dental Clinic Program provides services on-site at all 16 Lancaster County School Districts.

Throughout the year children are seen at over **60 different locations** in the community including elementary and middle schools, churches, local farms and community centers.

Each patient receives an initial **cleaning, screening and exam**. With cavities common among children, the *Brush.Brush.Smile!*® dentists are able to address most dental needs identified during the exam right on the mobile dental clinic.

Opening soon, the **Columbia Dental Center** can be the dental home every child needs!



DID YOU KNOW  
**19,000 CHILDREN**  
IN LANCASTER COUNTY HAVE  
NEVER SEEN A DENTIST?  
THAT'S TERRIBLE NEWS!  
BUT I HAVE A SOLUTION!

I HEAR  
YOU'RE BRUSHING  
TWICE A DAY AND  
FLOSSING! KEEP UP  
THE GREAT WORK!

## Children's Health Education

Good nutrition and oral health are key building blocks to good health. It can be tricky, especially today with so many food choices all around us. The Children's Health Educators of CHI St. Joseph Children's Health work to promote good habits and work with kids to get them to try healthy locally grown choices.

They offer programs in schools and community organizations throughout Lancaster County. Last year they provided oral health education to **over 20% of all primary/elementary school-age kids** in the community – **8,077 children**.

This year CHI St. Joseph Children's Health will introduce a new member of the education team to the community – **Hank**. He'll help inspire healthy habits and healthy smiles across the Community.

## Children's Access to Care

Good health for children is a long journey. Along the way each stop can have its own challenges. Finding and keeping insurance. Locating a doctor and seeing the doctor as often as you should. Taking care of your teeth and your eyes. Parents without insurance may face an awful financial choice: paying for a child's medication or basic needs like food or rent.

The Children's Health Advocates from CHI St. Joseph Children's Health can make the confusing make sense and help families navigate the healthcare system. We can help with an application for insurance, or help you find a doctor, dentist and even an eye doctor to care for your kids and they'll help you make the appointments.

In FY2015, **1,143 kids** benefited from working with an Advocate from CHI St. Joseph Children's Health.


KNOWING WHAT'S HEALTHY  
AND HOW TO KEEP YOUR BODY  
STRONG CAN BE HARD AND  
CONFUSING AT TIMES. OUR  
TEAM IS HERE TO HELP!

EVERY CHILD IN PA  
CAN HAVE INSURANCE  
AND ACCESS TO HEALTH  
SERVICES! THE TEAM AT  
CHI ST. JOSEPH  
CHILDREN'S HEALTH  
CAN HELP.

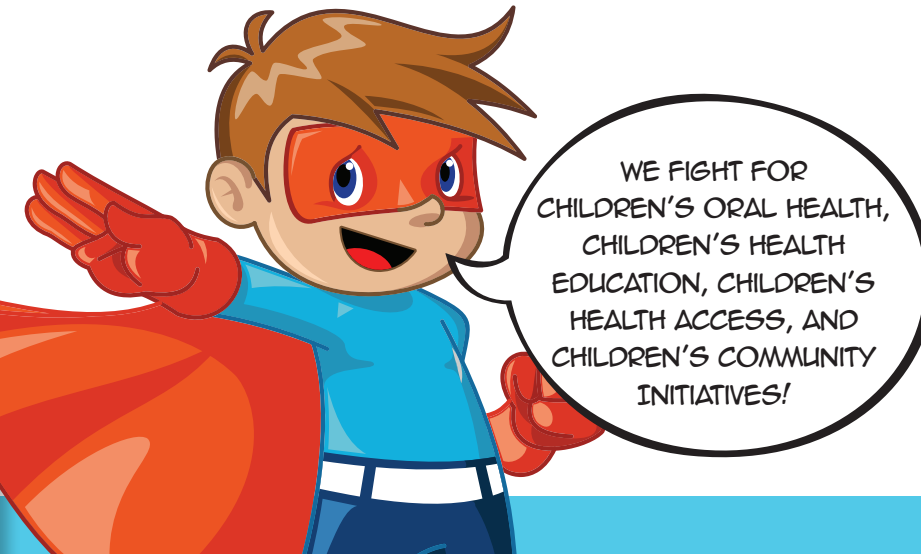


In FY2015 CHI St. Joseph Children's Health invested **over \$100,000** in the first year of the program. Examples of our community investments include:

- Developing and renovating playgrounds to encourage physical activity
- Creating programs for parents, kids and families to help everyone grow up healthy and happy
- Providing the essential information necessary to prevent disease
- Building the skills to recognize, respond and prevent domestic and dating violence
- Creating access to fresh fruits and vegetables
- Expanding the availability of children's mental health services
- Building the capacity of the community to respond to children's health needs



OUR PARTNERS IN THE COMMUNITY SHARE OUR COMMITMENT AND OUR PASSION FOR IMPROVING CHILDREN'S HEALTH!



WE FIGHT FOR CHILDREN'S ORAL HEALTH, CHILDREN'S HEALTH EDUCATION, CHILDREN'S HEALTH ACCESS, AND CHILDREN'S COMMUNITY INITIATIVES!

**Together in the Hall of Children's Health, we Health Heroes form the building blocks of a community in which every child can grow up happy and healthy!**

**During FY2015, CHI St. Joseph Children's Health invested \$1,877,964 in improving the health of children in Lancaster County. In the coming year our investment and team of heroes will continue to grow, striving to meet the health needs of every child and family in our community.**

### Our Mission

The Mission of Catholic Health Initiatives and CHI St. Joseph Children's Health is to nurture the healing ministry of the Church, supported by education and research. Fidelity to the Gospel urges us to emphasize human dignity and social justice as we create healthier communities.

### Our Purpose in the Lancaster Community

CHI St. Joseph Children's Health improves the health of children in need within the Lancaster Community.

### Our Vision for CHI St. Joseph Children's Health

CHI St. Joseph Children's Health will transform our Community as it equips children and families with the knowledge, benefits, services, programs and advocacy necessary for every child to grow up happy and healthy.

### Our Core Values


Reverence, Integrity, Compassion, Excellence

In 1883, two Women Religious from the Sisters of St. Francis of Philadelphia arrived in Lancaster County. Their mission was to care for the poor and vulnerable of the local community.


As others emerged to address the need for medical care, Catholic Health Initiatives embraced the spirit of our Founding Sisters and refocused its mission in Lancaster dedicating a new organization to meet the needs of the most vulnerable in the community – the children.



St. Joseph Hospital, 1883.



WITH \$2.58 AND TWO APPLES, THE SISTERS QUICKLY FORMED THE COUNTY'S FIRST HOSPITAL – ST. JOSEPH HOSPITAL – AND IMMEDIATELY BEGAN CARING FOR THE SICK AND THEIR FAMILIES.



THAT'S WHY CHI ST. JOSEPH CHILDREN'S HEALTH CREATED THE COMMUNITY INITIATIVE GRANT PROGRAM!

## Community Initiatives

The health needs of children in Lancaster County go beyond the services and programs offered by CHI St. Joseph Children's Health in our community.

The Community Initiative Grant Program invests **10% of CHI St. Joseph Children's Health's investment income** each year in community programs and services dedicated to improve the health and well-being of children and families.

The program invests in **6 impact areas**: Children's Health and Well-being, Children's Oral Health, Childhood Immunizations, Lead Poisoning Prevention and Screening, Violence Prevention and Access to Care.